



RELAX
 Time : 15 min
 Temp: Low
 Massage: Light

WELLNESS
 Time : 15 min
 Temp: Medium
 Massage: Mild

FITNESS
 Time : 15 min
 Temp: High
 Massage: Strong

POWER NAP
 Time : 15 min
 Temp: Low
 Massage: Light

WEIGHT MANAGEMENT
 Time : 15 min
 Temp: Hyperthermic
 Massage: Intense

When using The Cocoon Wellness Pro's *Relax*, *Wellness* or *Power Nap* Programs, just take off your shoes and climb in with your street clothes or wear any comfortable clothing you choose.

Program Protocol | In Service Room

Step 1: SlimLine Product

Apply SlimLine AminoStim Spray over entire body. Apply SlimLine Celiminate Cream **cosmetic body product** to the areas of concern. Apply SlimLine Slender Serum **cosmetic body product** over entire body (excluding the face and neck).



Step 2: Double Comfort

Disposable Sauna Suit + Bunny Suit

Slip into the **Disposable Sauna Suit** and put on the cloth **Bunny Suit** over the Sauna Suit.

* For Fitness & Weight Management Programs



Step 3: Select Program & Adjust Settings

& Adjust Settings

Choose the program that most closely matches your objectives and adjust the pre-sets as desired.



* At Home: Use SlimLine Exfoliation Scrub